

A Study on Women's Health, Awareness, and Healthcare Access

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Abstract: This study examines women's health across physical, mental, and social dimensions, including conditions like dysmenorrhea, PCOS, cervical cancer, breast cancer, osteoporosis, anemia, and HIV/AIDS. This research is based on survey data from urban vulnerable and low-income/rural populations in Ahmedabad. Result reveals major awareness gaps, especially for cervical cancer (78%), endometriosis (75%), and osteoporosis (68%). Key barriers to healthcare access include lack of awareness, stigma, and financial constraints. The study highlights sociocultural and economic influences and recommends better health education, affordable care, early screening, and policy support to reduce health inequalities.

Keywords: Women's Health, Awareness, Healthcare Access

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